



屯門獨木舟會【主辦】



香港獨木舟總會【協辦】

# TUEN MUN SUC COURSE RACING 屯門區立划艇繞標賽2017

- 賽事 Events: 屯門區立划艇繞標賽2017 • Tuen Mun Stand Up Canoe Course Racing 2017  
 日期 Date: 2017年11月26日(星期日) • 26<sup>th</sup> November, 2017 (Sunday)  
 時間 Time: 0930時(上午)至1430時(下午) • 0930 hrs.(AM) to 1430 hrs.(PM)  
 地點 Venue: 屯門舊咖啡灣泳灘 • Cafeteria Old Beach, Tuen Mun  
 路線 Route: 舊咖啡灣泳灘→黃金泳灘C灘→舊咖啡灣泳灘  
 Cafeteria Old Beach→ Golden Beach (C Beach) → Cafeteria Old Beach  
 距離 Distance: 全程約3千米 • Whole route approximate 3000M

項目 Event:

組別 Group	年齡 Age
<b>男子自備立划艇(3千米) MENS PRIVATE SUC (3KM)</b> *(必須持有初級立划艇證書或以上資格 Participants must possess an Elementary Stand Up Canoe Certificate or above)	16歲以上 above
<b>女子自備立划艇(3千米) WOMENS PRIVATE SUC (3KM)</b> *(必須持有初級立划艇證書或以上資格 Participants must possess an Elementary Stand Up Canoe Certificate or above)	16歲以上 above
* 參加者年齡以比賽當日計算 The Age is counted at the date of the race.	

\*年齡計算以比賽當日為準 (2017年11月26日) The age will be calculated as that on the actual race day (i.e. 26<sup>th</sup> Nov., 2017).

- 出發時間 Start Time: : 1000時(上午) • 10:00(AM)  
 檢查站 Check Points: - 黃金泳灘 C 灘 • Golden Beach (C Beach)  
 報名費用 Admin. Fee: - 自備立划艇報名費為港幣六十元正 (已包括賽事當日的個人意外身亡保險)  
 HKD 60.00 per person for participating in Stand Up Canoe groups (Personal Accident Insurance on the race day)  
 \* 劃線支票抬頭請寫: 「屯門獨木舟會有限公司」  
 A crossed cheque should be made payable to "Tuen Mun Canoe Club Ltd."  
 獎項 Awards : 每項賽事均設三個獎項: 冠、亞、季軍。  
 Prizes will be awarded to the Champion, 1st runner-up and 2nd runner-up of each event.

報名辦法 : (a) 報名表派發地點: • Application Form Distribution Point(s)

How to Apply : (i) 屯門獨木舟會 • Tuen Mun Canoe Club

新界屯門青山公路18 3/4咪加利灣泳灘大樓1樓  
 1/F, Kadoorie Beach Office Bldg., 18 3/4 milestone, Castle Peak Rd., Tuen Mun, NT

(ii) 香港獨木舟總會 • Hong Kong Canoe Union



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- (b) 填妥的報名表連同報名費用及有關證書副本，於2017年11月1日前親自遞交或寄交"屯門獨木舟會"。如以郵寄方式遞交申請，申請日期以郵戳日期為準。並請在信封面上註明「屯門區立划艇繞標賽2017」。

Completed application form together with the application fee and a copy of the certificate can be submitted in person or mailed to "Tuen Mun Canoe Club" on or before 01<sup>st</sup> November, 2017. For submission by post, postmark date on the envelope will be regarded as the application date. Please indicate 「Tuen Mun Stand Up Canoe Course Racing 2017」 on the envelope.

- (c) 逾期報名、報名費不足和資料不足的申請恕不接受。

All late applications, incomplete applications or applications with insufficient fee **WILL NOT BE ACCEPTED.**

- (d) 參賽者必須攜同有相片的有效身份證明文件，以便大會工作人員核對其身分，如參賽者無法出示證件，一律不准出賽。Participants shall bring along with them valid identity proof which includes the participant's photo at the scheduled time for identity verification by the staff. If players fail to produce the identify proof, they will not be allowed to participate in the competition.

- (e) 公開報名，歡迎個人會員及屬會參加。

The event is open to member, affiliated clubs, members and other individuals.

查詢 Inquiry:

電話Tel : 2430 0330, 9654 5598

傳真 Fax : 2468 0442

電郵 Email : [contacts@hktmcc.com](mailto:contacts@hktmcc.com)

網址 Website : <http://www.hktmcc.com>

郵寄地址 Postal Address:

屯門兆隆苑2711室 - 屯門獨木舟會有限公司  
Flat 2711, Siu Lung Court, Tuen Mun - Tuen Mun Canoe Club Ltd.

\*\*備註 Remark: :

為保護環境減少浪費紙張，各項目比賽的時間，賽員名單等資料將會在比賽日的數天前上載於本會的Facebook內。To be environmentally friendly and reduce paper usage, all timetables, participants' lists and etc will be available on our Facebook several days before the competition.



屯門獨木舟會【主辦】



香港獨木舟總會【協辦】

TUEN MUN SUC COURSE RACING

# 屯門區立划艇繞標賽2017

## 立划艇(3Km) 比路線圖 • Stand Up Canoe (3Km) Route



### 路線 Route

A 起點 Starting Point → B 檢查站 (Check Point) → A 終點 End Point

**A** 起點 Starting Point / 終點 End Point : 舊咖啡灣泳灘 (屯門獨木舟會 - 水上集訓中心) Cafeteria Old Beach (TMCC's Water Front Training Center)

**B** 檢查站 Check Point : 黃金泳灘 (C 灘) 檢查站 Golden Beach (C Beach) Check Point



# TUEN MUN SUC COURSE RACING 屯門區立划艇繞標賽2017

屯門獨木舟會【主辦】 香港獨木舟總會【協辦】

## 比賽條例及安全守則 • Racing Competition & Safety Rules

1. 參賽者必須在穿著獨木舟衣著情況下，能游泳五十公尺。  
Participant must be able to swim at least 50 meters in canoeing dress.
2. 立划艇項目  
參賽者必須持有由香港獨木舟總會所發出的初級立划艇證書或以上資格。  
Participants must possess an Elementary Stand Up Canoe Certificate or above issued by the Hong Kong Canoe Union.
3. 賽員必須在整個賽事穿著合標準之救生衣或助浮衣及安全腳繩。  
Participants must wear standard lifejacket or buoyancy aid and leash throughout the entire competition.
4. 賽員**必須**在比賽期間，穿著下列裝備：  
Participants must be outfitted with the following equipment during the competition:
  - (i) 運動鞋「涼鞋及拖鞋不合標準」；  
Sports Shoes are mandatory to protect the feet. (Flip-flops and sandals are not allowed);
  - (ii) 哨子；及  
Whistle ; and
  - (iii) 適合之划艇衣服。  
Proper clothing for canoeing .
5. 每名賽員只可參加一個比賽項目。  
Each Participant may only participate in one event.
6. 賽員及其裝備必須在出賽前接受大會裁判檢查及批准，方能參賽。  
Participants and their equipment must be inspected and approved prior to the competition by the referee.
7. 賽員在下列情況下，比賽資格將被將消：  
The Participant will be disqualified under the following circumstances:
  - (i) 在比賽進行中，將救生衣或助浮衣及安全腳繩除下。  
Put off the standard lifejacket or buoyancy aid and leash during the competition.
  - (ii) 賽員沒有在規定時間一小時內完成比賽。  
Fail to complete the competition within the designated time of one hour
8. 裁判認為任何賽員因體力問題，未能完成賽事或繼續比賽，可能影響個人或他人之安全及使整個賽事阻延，裁判可終止該賽員比賽，並可命令該賽員登上護航艇隻。  
The referee may stop participants from continuing and order them to board the escort boat if they could not physically afford the competition, as it might cause safety concerns or delay the programmes of the competition.
9. 賽例如有任何更改將在賽事當天公佈。  
Should there be any changes regarding the rules, the organizing party will make announcements at the day of the competition.
10. 主辦單位將保留解釋及修改以上條例之權利。  
The organizing party reserves the right to interpret and modify the above rules.

### 備註 Remarks :

1. 若比賽當日早上七時天文台懸掛三號或以上風球或黑色暴雨警告訊號當日賽事即告取消。至於地區性雷暴及大雨，賽會會根據場地情況決定賽事是否繼續進行。詳情可致電：2430 0330, 9654 5598。  
If Tropical Cyclone Warning Signal No.3 or higher, or if black rainstorm signal is hoisted at 7 am by Hong Kong Observatory, The competition will be cancelled. If there is local rainstorm or thunderstorm, the organizing party will determine if the competition would continue according to the condition of the venue. Participants can phone 2430 0330, 9654 5598 for details.
2. 各參加者或參加者監護人，應確保參加者的健康及體能良好，並適宜參加上述等運動賽事。如因參加者的疏忽、健康或體能欠佳，而引致參加者於是次比賽時傷亡，主辦單位無須負責。  
Each participant, or guardian of the participant, shall ensure that the participant is physically fit and suitable to participate in this competition. If the participant get any injuries during the competition, the organizing party bears no responsibilities.
3. 如有任何更改及爭議，以屯門獨木舟會最終決定為準。  
Should there be any dispute or modification, Tuen Mun Canoe Club's final decisions should prevail.



# TUEN MUN SUC COURSE RACING 屯門區立划艇繞標賽2017

屯門獨木舟會【主辦】 香港獨木舟總會【協辦】

個人報名表 Application Form for Individuals					
姓名(中文): Name (Chinese):			姓名(英文): Name (English):		
地址: Address:				性別: Gender:	
身份証號碼: ID No.	( )	年齡: Age:		職業: Occupation:	
住宅電話: Home Tel.:		手提電話: Mobile:		電郵地址: Email Address:	
參加項目 <sup>+</sup> : Event <sup>+</sup> :	<input type="checkbox"/>	組別 Group *男子自備立划艇 MEN'S PRIVATE STAND UP CANOE	年齡 Age 16歲以上 above	費用 Fee HK\$ 60.00	參賽費用 Sub-Total:
	<input type="checkbox"/>	*女子自備立划艇 WOMEN'S PRIVATE STAND UP CANOE	16歲以上 above	HK\$ 60.00	
				參賽費用總計 Total:	
如遇意外, 請通知以下人仕 Emergency Contact person:					
姓名: Name:			關係: Relationship:	聯絡電話: Contact No.:	
請在下列適當位置填上証書號碼 Please fill in your certificate number below:					
程度 Level	初級立划艇証書或以上資格 Elementary Stand Up Canoe Certificate or above				
編號 Cert. No					
*請連同証書副本交回 * Please return it together with a copy of the certificate					
備註: Remarks:	<ul style="list-style-type: none"> <li>本會已為比賽的賽員購買個人傷亡保險, 最高賠償為港幣一萬元正。 Personal Accident Insurance is purchased for participants on the day of competition, the maximum compensation is HKD 10,000.00 in case of casualties.</li> <li>賽員必須遵守比賽規例。 Participant must comply with the regulations of the competition</li> </ul>				
聲明: Declarations:	<p>本人(姓名)_____清楚了解到是次比賽的性質及所有規條, 亦完全明白到可能會發生之任何危險事情, 並同意主辦機構(屯門獨木舟會)無須負上任何責任, 所有天災引起的傷亡意外或任何財物損失, 無論是否由主辦機構(屯門獨木舟會)引起之疏忽, 一概由本人承擔。</p> <p>I (Name)_____ (the "Participant") clearly understand the aims and rules of this race, and clearly understand the possible dangers in the race know that any danger case. I hereby confirm and consent that Tuen Mun Canoe Club (the "broker") is not accountable and no need to take up any responsibility in case of property damages or casualties, regardless of whether it involves the negligence of Tuen Mun Canoe Club (the "broker"). The accountability &amp; responsibility are assumed by myself (the "Participant").</p>				
日期: Date:			賽員簽署: Signature of Participant:		
監護人姓名: Name of Guardian:			關係: Relationship:		
監護人簽署: Signature of Guardian					
# 參賽者年齡不足18歲者, 必須由監護人簽署。 This application form must be signed by the guardian if the Participant is under 18 years old.					

# 你所提供的資料只用作處理參加是次比賽之用。如欲更改或查詢你所提供的個人資料, 請與本會職員聯絡 (電話: 2430 0330)。

# The information provided on this application form will be used for this competition only. For correction of or access to the personal data thus provided, please contact our staff at 2430 0330.